



CORBCO

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RETIREMENT & FINANCIAL PLANNING CORNER

Brought to you by: Dave Hojlo,
Accredited Investment Fiduciary ("AIF")



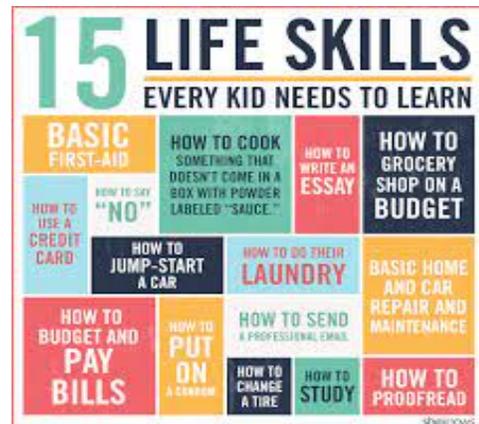
AUGUST 2021

GETTING READY TO SEND YOUR CHILD TO COLLEGE

BRUSH UP ON LIFE SKILLS OVER THE SUMMER

Use the summer as a time to teach or review those essential life skills that will get him or her through college.

- Money & Budgeting
- Laundry
- Public Transportation
- Venmo, PayPal, Credit Card, Debit Card Management
- Basic Cooking Skills
- First Aid
- Time Management



<https://withfrank.org/how-to-pay-for-college/for-parents/preparing-yourself/parents-guide-for-sending-your-child-to-college/>

<https://thescholarshipssystem.com/blog-for-students-families/8-essential-life-skills-teach-high-schooler-head-college/>

GETTING READY FOR THE DORM ROOM

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The student(s) will make sure they have all the comfort items. You will need to remind them of the basic essential items. If you need to rent a van for the move, you bought too much.

- Laundry Detergent, Fabric Softener, Stain Sticks
- Shower Shoes & Caddy
- Cleaning Supplies For Dorm Room Or Apartment
- First Aid Kit / Sewing Kit
- Flashlight / Batteries / Scissor / Screwdriver
- Basic Microwave, Basic Cooking Utensils, Dishes, And Cutlery, And Storage Trays, Fan



<https://www.collegeraptor.com/find-colleges/articles/tips-tools-advice/30-must-haves-for-surviving-college/>

<https://bigfuture.collegeboard.org/get-in/making-a-decision/off-to-college-checklist>

COVER EMERGENCY MEDICAL INFORMATION

Make sure your child is prepared to visit a clinic or emergency room on their own.

- Have A List Of Emergency Numbers Including Your Pharmacy,
- They Should Have Their Own Insurance Card
- Know Their Medical History
- Have List Of Their Medications With Names, Dosage And Frequency
- Know The Resident Director Contact Information
- Be Sure To Have In Writing Authorization From Your Child(Ren) That Allows You To Talk Directly To Hospital Staff In Case Your Child Is Hospitalized.

Contacts, Urgent Care,



<https://money.com/hipaa-medical-forms-college-health-insurance/>

<https://www.consumerreports.org/health-privacy/help-your-college-age-child-in-a-medical-emergency/>

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TIPS FOR PARENTS



- **Give Them Space:** College students need a grace period to meet people, get involved in campus life and focus on their new environment
- **Be Prepared To Listen:** Often kids call or text when they're feeling low, and trust me, you'll hear about the roommate drama, the rotten exam or the malfunctioning laundry machines.
- **Offer Guidance, Not A Quick Fix:** If your child is struggling with a normal issue, such as not finding people they like, hear them out, because a sympathetic ear is helpful. But don't leap to offer a fix, such as contacting a resident adviser on their behalf.
- **Ordering Groceries for Them? Stop:** You're paying for a meal plan, after all. And no, your student doesn't need a laundry service. Try to hold back on all the extras.
- **Know When To Get involved:** If you suspect a mental-health condition is sending your student into a tailspin, or if they're experiencing a recurring illness or unfamiliar allergy that doesn't sound normal, it's okay to ask questions and follow up.
- **Mind The FERPA Form:** Once kids get to college, rights transfer to them, and parents aren't allowed access without permission. If you're paying the bill and you want to see their grades at the end of term, prepare them for that idea.
- **Point Them To Resources:** When your student complains about homework or a dorm challenge, ask them about resources on campus, and nudge them to pursue those avenues. Engaging with other students and professional staff is the best way to adjust.

[Important Authorization Forms for College Students](#)

<https://grownandflown.com/five-free-campus-resources/>

<https://livingconfidently.com/blog/sending-your-child-off-to-college-tips-for-parents/>

<https://www.washingtonpost.com/lifestyle/2019/08/19/eight-pieces-wisdom-parents-sending-child-off-college/>

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